



**The International  
School of Bombay**

NURTURE • CHALLENGE • SUCCESS

Circular no.-TISB/2023-24/85

Date-10/03/24

Circular: Maintaining Discipline During Lunchtime

Dear Parents,

Greetings!!!

We hope this message finds you well. As we continue our efforts to provide a safe, respectful, and nurturing environment for our students, we would like to address the importance of maintaining discipline during lunchtime at our school. Lunchtime is a vital part of the school day, offering students the opportunity to recharge, socialize, and to ensure this period is beneficial for all students, we kindly request your support in the following areas:

**Healthy Eating Habits:** Encourage your child to consume a balanced and nutritious lunch. Good nutrition is crucial for maintaining energy levels and concentration throughout the school day. We recommend vegetarian lunch in their lunchboxes.

**Good Manners and Behavior:** Please discuss the significance of good manners and respectful behavior with your child. Remind them to use polite words such as "please" and "thank you," to wait their turn in line, and follow the discipline in the queue.

**Cleanliness and Responsibility:** Teach your child the importance of cleaning up after Lunch .This includes disposing of all trash in the appropriate bins to the designated areas and keeping the area tidy for others.

**Be polite to didis and helping staff :** Listening and following the instructions of teacher and didis. Their directives are aimed at ensuring a safe and orderly environment for everyone.

**Inclusivity and Kindness:** Encourage your child to be inclusive and kind to their peers during lunch.

To ensure compliance with these regulations, the Discipline committee will conduct periodic checks during the lunch time from 11<sup>th</sup> March to 16<sup>th</sup> March 2024.

We believe that with your support, we can continue to cultivate a positive and respectful atmosphere for all our students. Thank you for your cooperation and commitment to our shared goal of providing the best possible environment for our children's growth and learning.

Warm Regards,  
Discipline Committee

Principal  
The International School of Bombay